

# Importance of Theory in Nursing

Nursing theory plays a critical role in shaping the practice of nursing. Nurses must be up to date on [NR501 Importance of Theory in Nursing](#) for patient care and research purposes.

These theories provide a framework for understanding patients' needs and how different medical treatments affect them. This will enable nurses to make quicker decisions about their patients.

## King's Theory

King's theory focuses on the nurse-client relationship and addresses a number of nursing issues. Her conceptual system includes interaction, perception, communication, transaction and goal attainment. It also incorporates concepts such as action, reaction, nurse-client dyad, self, role, growth and development, stress, time and [nrs 493 topic 1 lopes activity tracker kr](#).

In her theory, she explains that every human being is an open system interacting with its environment constantly. Nurses must interact with clients in a therapeutic way to improve patient health and well-being.

Moreover, she says that the nurse-client relationship should be based on mutual perceptions. This means the nurse and client must communicate to set goals, and then work together to achieve them. This allows nurses to better understand the needs of their patients. It also enables nurses to provide appropriate care to their clients. In this way, they can establish a healthy and productive nurse-patient relationship. This relationship will ultimately lead to improved health and better outcomes for the patient.

## Henderson's Theory

The nursing need theory developed by Henderson is a useful model that can help nurses comprehend the importance of patients' independence. It also identifies the 14 basic needs that need to be fulfilled to ensure that patients can maintain their health and well-being. Nurses can use [NRS 493 Individual Success Plan](#) to help their patients develop a healthy life and overcome their medical problems.

Using this model, nurses can examine each patient's situation and determine the best way to meet their specific needs. Nurses can also use this model to assess their own progress and development as a nursing professional. This will allow them to improve their knowledge and skills in the future.

The model focuses on several world views and is designed to address the needs of all patients. It incorporates the bio-physiology concept to understand how a person meets his or her human needs, the culture concept to recognize different cultures and their influences, and the interaction and communication concept to establish therapeutic relationships.

## Strikes Theory

Theories can help nurses articulate their evidence-based practice methods. They can also serve as a framework for nursing research and education. Nursing theory describes nursing-related phenomena and assists in the analysis and explanation of relationships among those phenomena, predicting consequences, and prescribing actions.

Some scholars have argued that the discipline of nursing should concentrate on developing middle range theories that are able to direct both nursing research and clinical practice. It is also important to remember that borrowed theories can be useful as long as they are adapted for nursing practice and nursing contexts.

The main arguments presented in the [NRS 493 Benchmark Capstone Project Change Proposal](#) against strikes centered around their potential harm to patients. Many authors cited that healthcare workers have a responsibility to their patients and society and that they should therefore not take such risks. In addition, many questioned whether the strike is a last resort and if it has a reasonable chance of success. This is a complex issue and there is no clear answer.

## Self-Care Theory

The nursing profession has a rich history of nurse theories, all of which are designed to help nurses understand what they do for their patients. These theories can be used to explain the reasoning behind their actions, as well as provide a framework for research. They can also be used to describe nursing phenomena, analyze and explain relationships between these phenomena, predict consequences, and prescribe actions.

One example of a nursing theory is Dorothea Orem's Self-Care Deficit Theory. This theory states that [nrs 493 capstone project change proposal presentation](#) is necessary when a person's ability to take care of their own health needs is lacking or limited. The nurse's job is to assist the patient with their self-care deficit and teach them how to meet their own demands.

In addition, nurse theories are essential for guiding nurses to make decisions that will benefit the health and safety of their patients. These decisions can include everything from administering medication to determining the best treatment plan. For example, a nurse may need to decide whether or not to perform a blood transfusion on a Jehovah's Witness patient who refuses to receive it.